



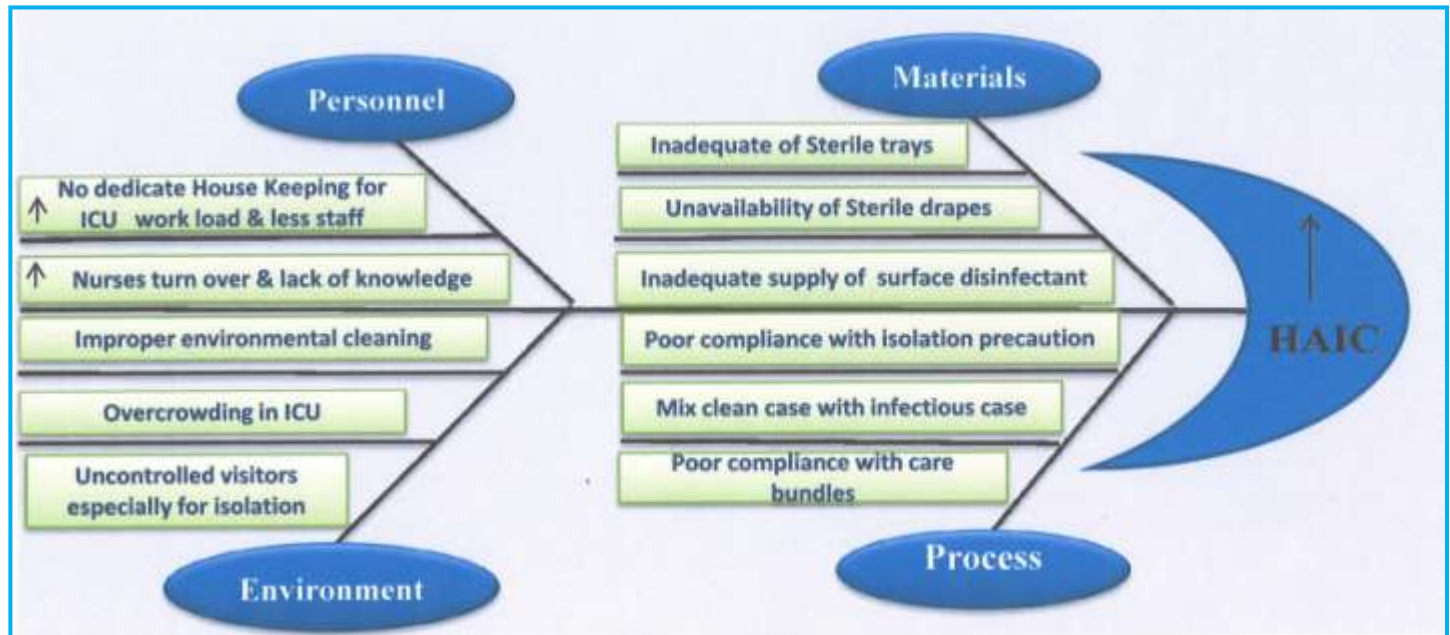
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G.S.T Road, Chinakolambakkam, Palayanoor (P.O), Madhuranthagam (Tk.)
Chengalpet District, Tamil Nadu - 603308. Phone: 044-2756 5202/2759 8484

BEST PRACTICE EXAMPLE : 1

Problem: Perform a root cause analysis on Hospital acquired infection.



Strategies to prevent HAI:

- Establishment of infection surveillance committee.
- Meticulous hand washing.
- Adhere to infection control policy
- Continuing nursing education on infection control.
- Adhere to universal standard precautions to prevent infection
- Appropriate use of personal protective equipments.
- Meticulous disinfection procedure and surface cleanliness.
- Identify contagious pathogen at an early stage and implement appropriate measures.
Ex: Clostridium difficile.

Evidence of Success:

- Reduction of incidence of hospital acquired infection.
- Decline of re admission due to HAI
- Reduction of Hospital stay
- Reduction of health care expenditure
- Cost effectiveness



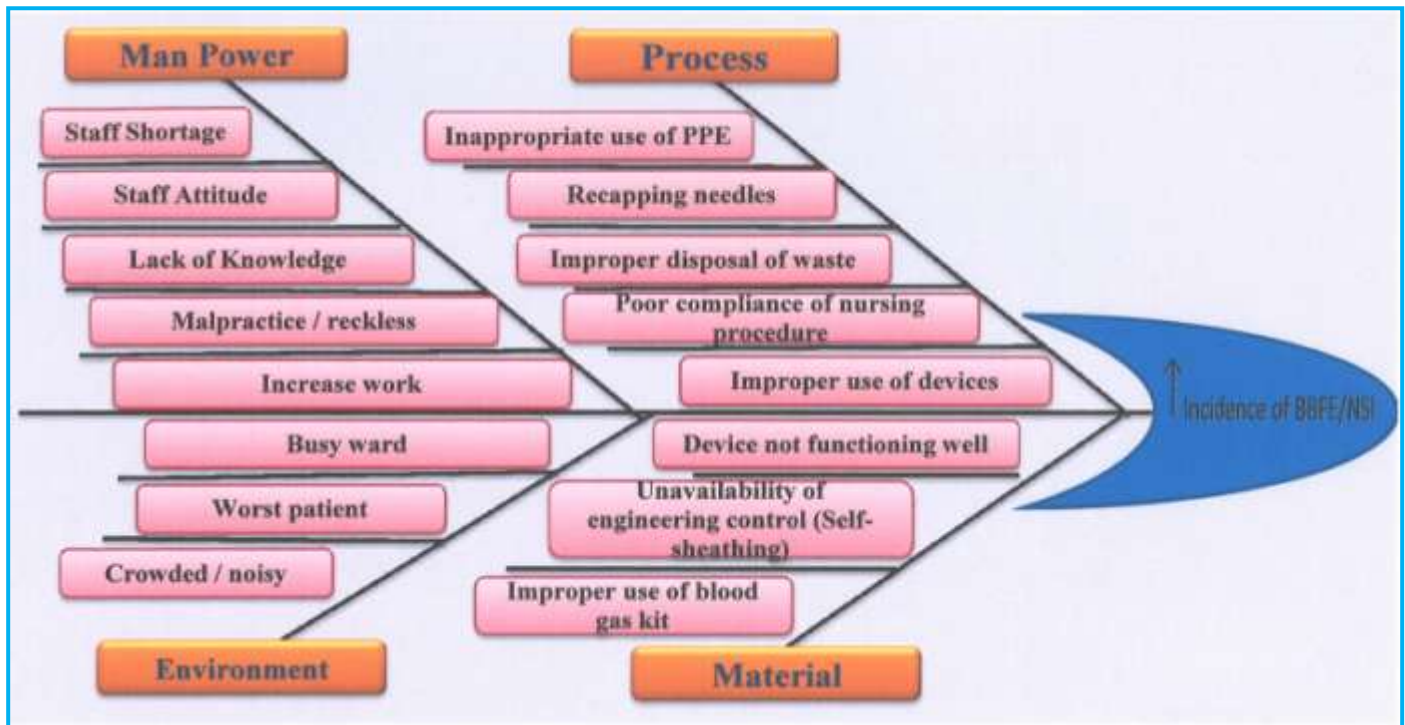
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BEST PRACTICE EXAMPLE : 2

Problem: Perform root cause analysis on blood and body fluid exposure (BBFE)/Needle stick injury among nurses.



Strategies to prevent BBFE/NSI:

- Infection control policy
- Appropriate training of Nurses and other health care workers.
- Appropriate use of personal protective equipments.
- Establishment of an effective occupational health program that includes immunization post exposure prophylaxis and medical surveillance.
- Elimination of determinants of needle stick injury.
- Adherence to universal standard precautions to prevent infection (CDC)

Evidence of success:

- Reduction of incidence of blood and body fluid exposure and needle stick injury among nurses.
- Cost effectiveness.



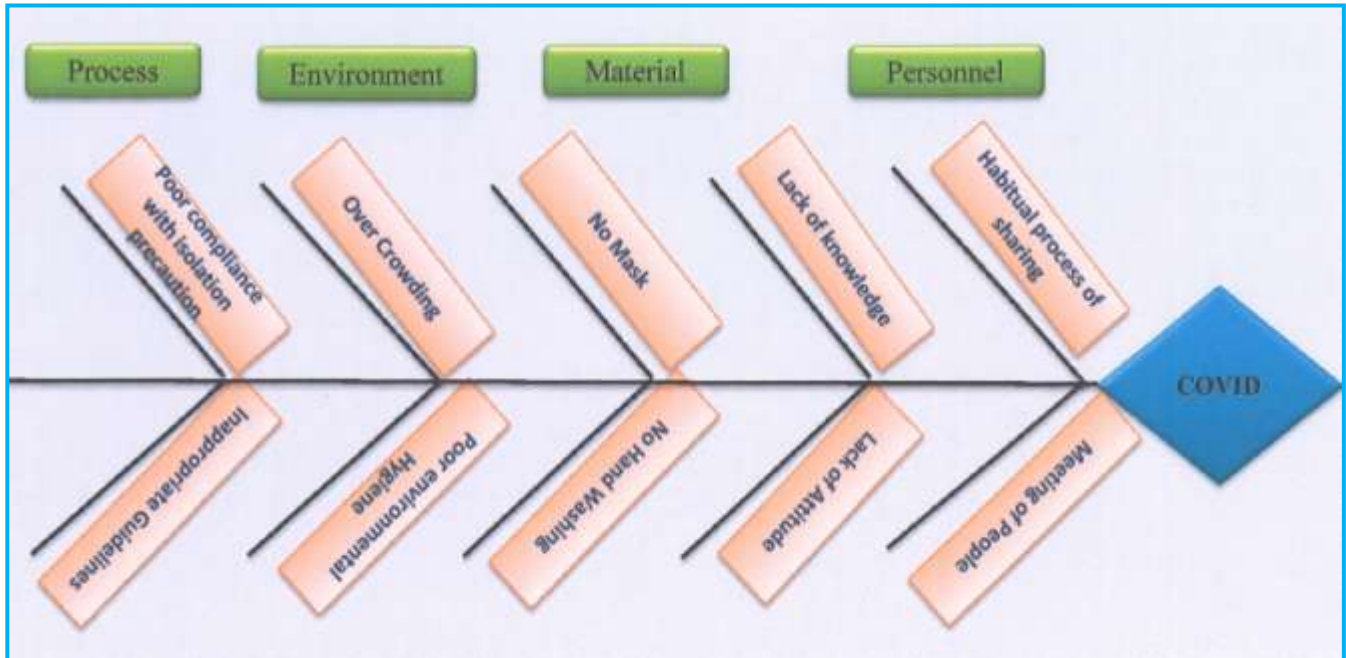
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BEST PRACTICE EXAMPLE: 3

Problem: Unveil the root cause on COVID



Strategies to prevent COVID:

- Infection surveillance committee.
- Policy on prevention of infection
- Social distance
- Wear Mask
- Wash Hands
- Eat healthy diet
- Exercise

Evidence of success:

- Decrease incidence of COVID.

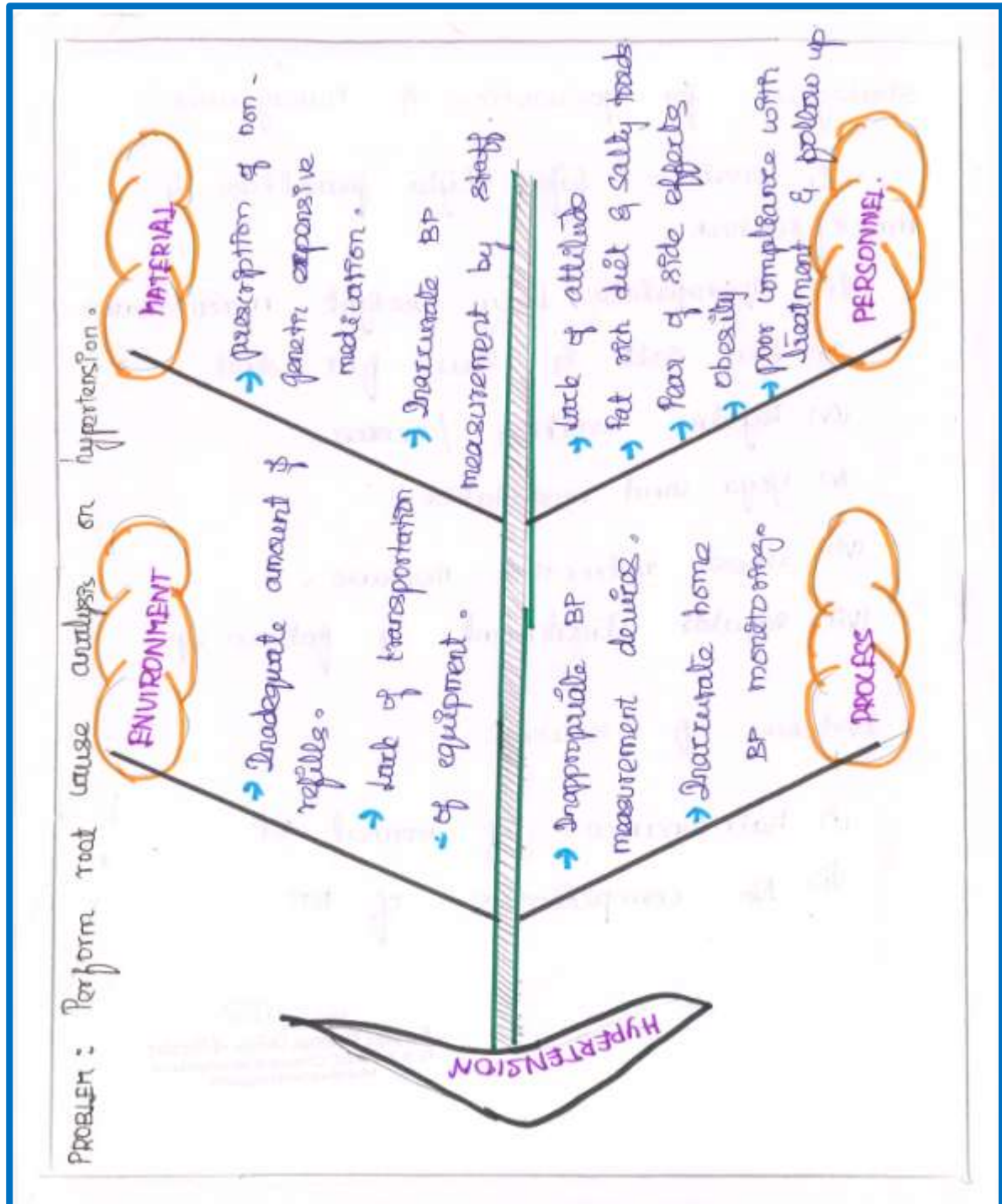

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Strategies for prevention & management :-

- (i) positive life style practices & modifications.
- (ii) Appropriate body weight maintenance
- (iii) low salt & low fat diet.
- (iv) Regular walking / exercise
- (v) Yoga and meditation
- (vi) Stress reduction measure.
- (vii) Regular treatment & follow up.

Evidence of success :-

- (i) Maintenance of normal BP
- (ii) No complication of BP

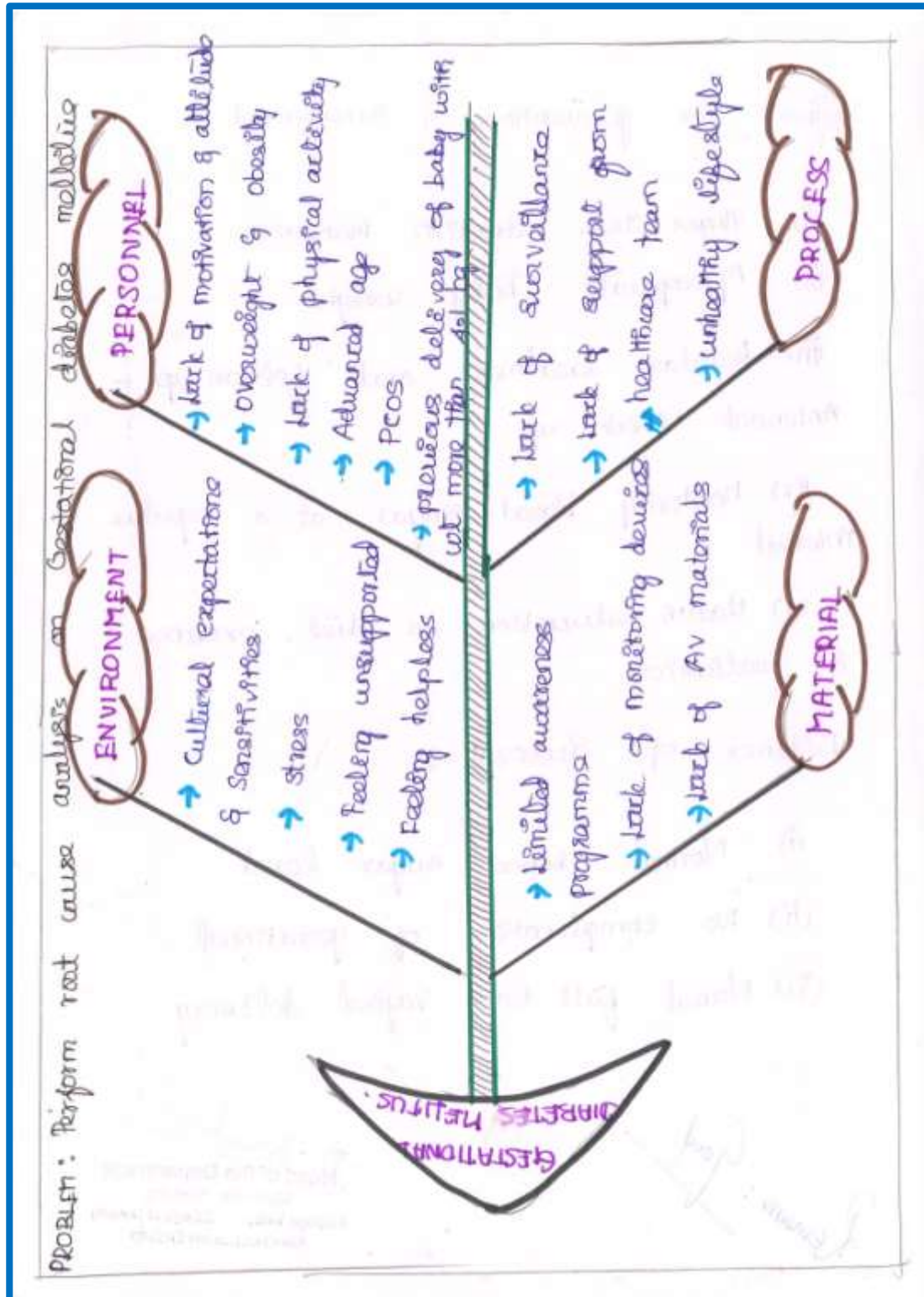
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Steps for prevention & management :-

- (i) Steps stress reduction measures.
- (ii) Appropriate body weight
- (iii) Regular treatment and follow up - Antenatal check up.
- (iv) Monitoring blood sugar at a regular interval
- (v) Health education on diet, exercise & medication.

Evidence of Success :-

- (i) Normal blood sugar level
- (ii) No complication of gestational
- (iii) Normal full term vaginal delivery

Remarks: Good

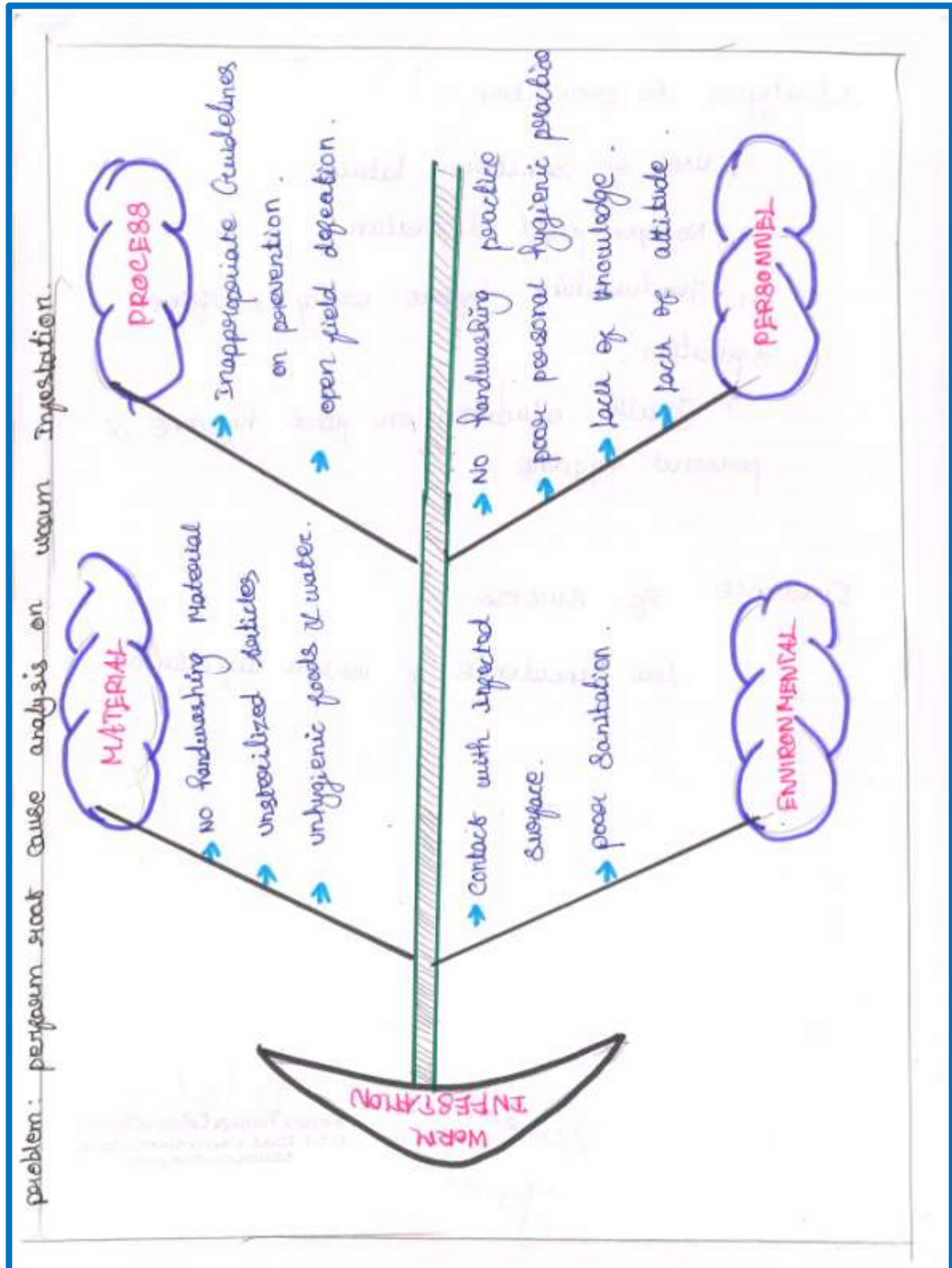
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Strategies to prevention

- use of sanitary latrine
- No open field defecation.
- Handwashing before eating & after defecation.
- Health education on food hygiene & personal hygiene.

Evidence of Success:

Low incidence of worm infestation.

Remarks
Good.

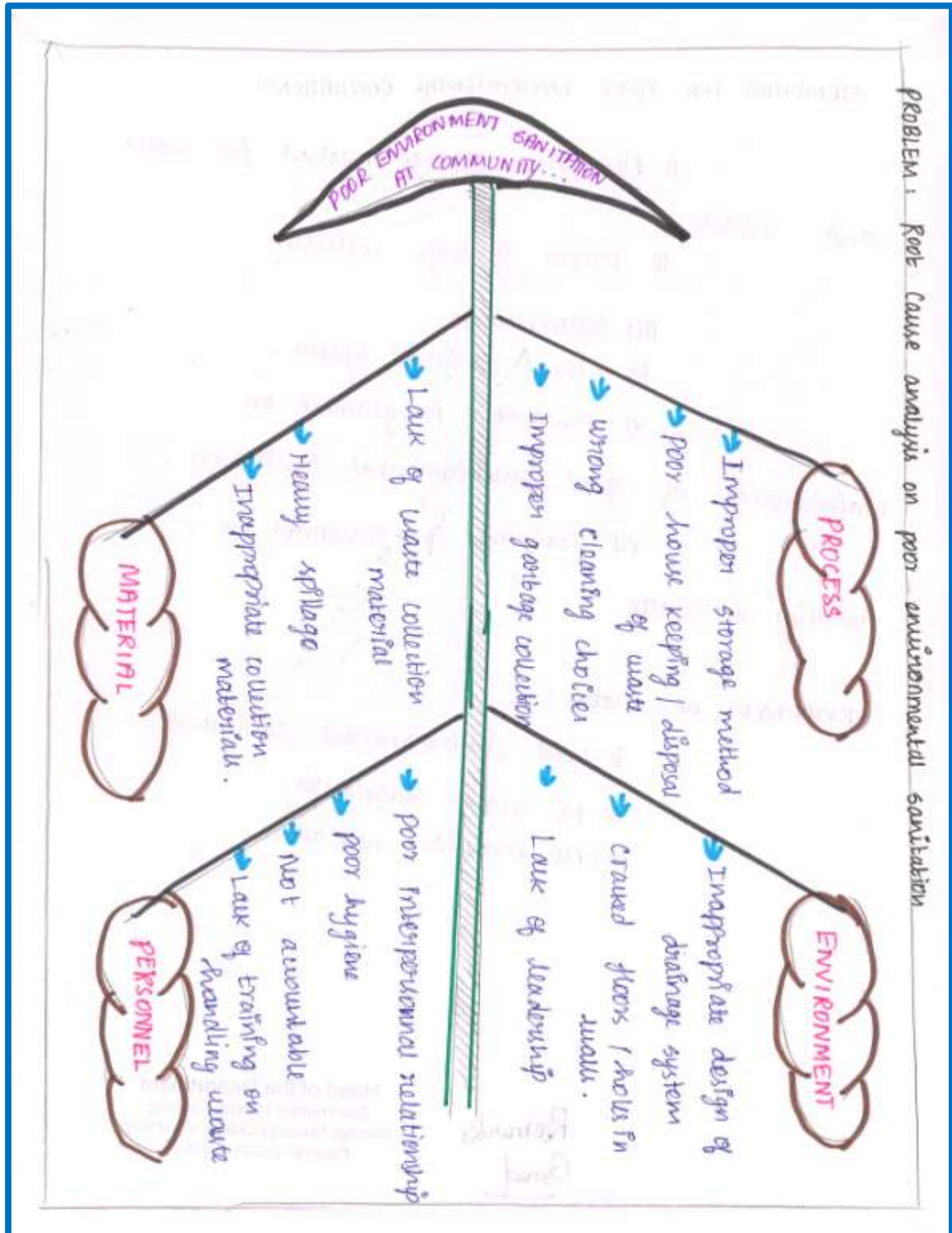
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STRATEGIES FOR GOOD ENVIRONMENTAL SANITATION :

i) Appropriate storage method for water and waste

ii) Proper Garbage collection

iii) Surveillance

iv) Closed drainage system.

v) Awareness Programme on maintenance of good environmental sanitation.

vi) Training of personnel on handling of waste

EVIDENCE OF SUCCESS :

i) Good environmental sanitation.

ii) No water stagnation.

iii) no mosquito reproduction.

Remarks
Good

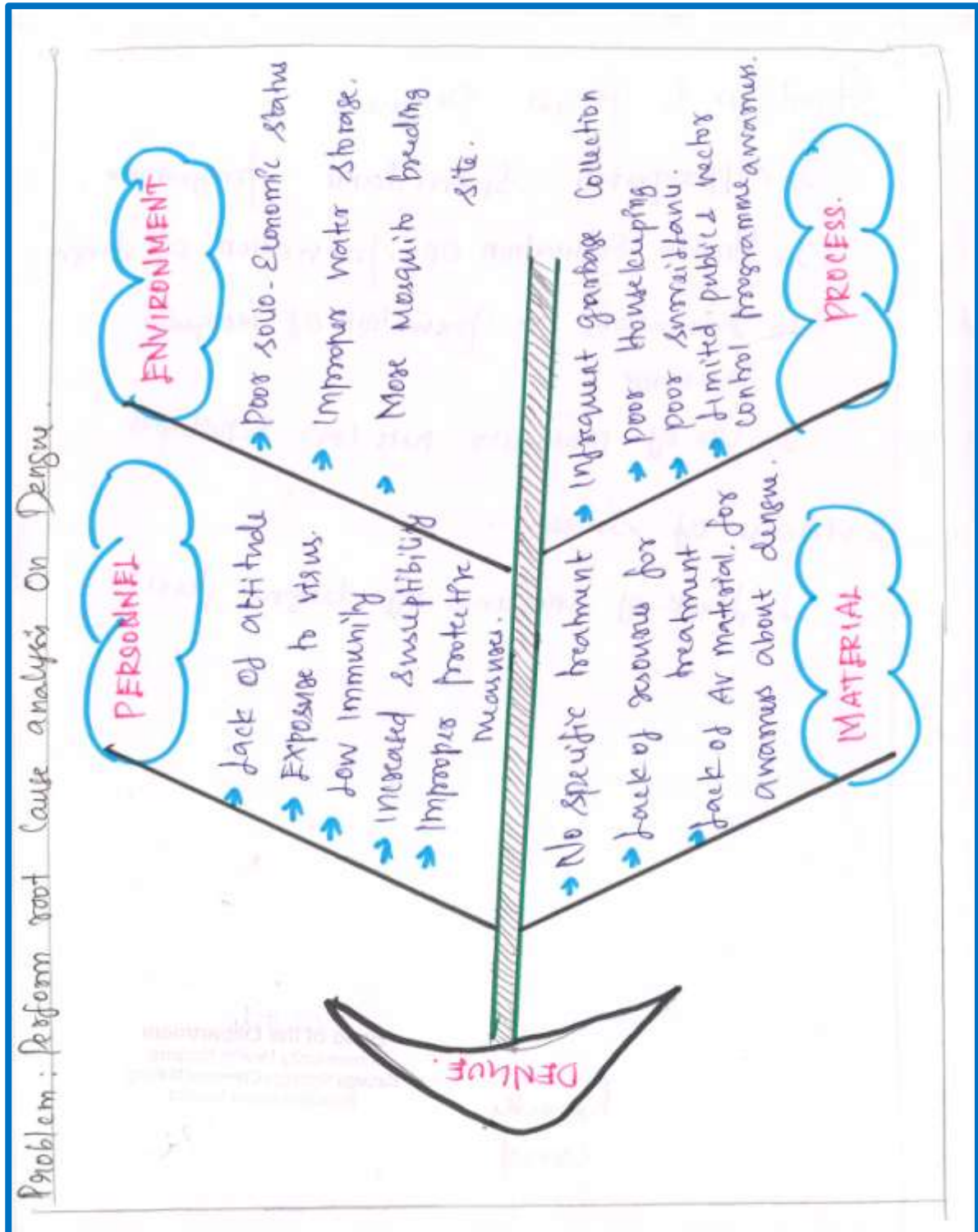
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Strategies to Prevent Dengue :

- Appropriate Surveillance programme.
- Health Education on prevention of dengue.
- Education on prevention of mosquito breeding.
- Use of mosquito nets (or) repellants

Evidence of Success:-

- Lack of incidence of dengue fever

Remarks
Good

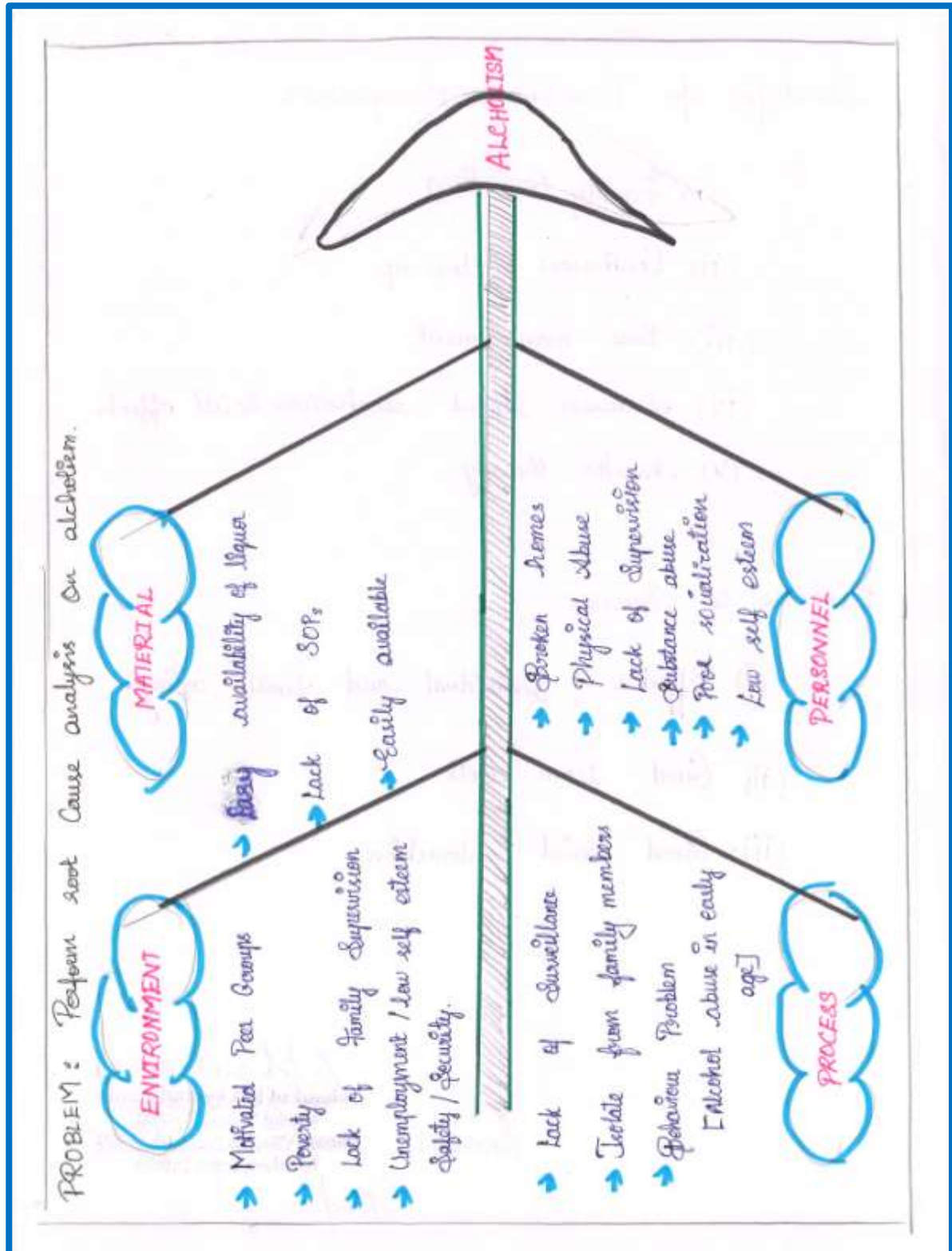
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Strategies for Prevention & Management:

- (i) Family Counselling
- (ii) Continuous follow up
- (iii) Time management
- (iv) Awareness about alcoholism & ill effects
- (v) Aversion therapy.

Evidence of Success:

- (i) Effective Individual and family coping
- (ii) Good team work.
- (iii) Good social Interaction.

Remarks:

Good

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